**Audience:** RN, LPN, and Allied Health Professionals

**Objectives:**

* Apply the first responder philosophy in relation to crisis situations
* Demonstrate proxemics for exit, evade, and escape strategies
* Demonstrate physical interventions including prohibited holds
* Demonstrate six levels of stabilization in crisis intervention
* Demonstrate Supine and Transitional Prone stabilization
* Demonstrate stabilization including ground, standing, and sitting
* Discuss airway maintenance during stabilization techniques
* Discuss crisis intervention and medically significant behavior common in behavioral health populations
* Review concepts of trauma informed care
* Apply personal safety tactics when interacting with a violent patient
* Discuss caregiver misconduct
* Respond to self-harming patients in both small and large room scenarios
* Describe Half Down decentralization tactics

**Held in Meeting Room 13 each day**

**0800-1430**

**(Lunch on your own)**

* Discuss pre-incident responses and spontaneous incident responses
* Identify strategies to overcome fight or flight response
* Demonstrate universal greeting
* Discuss ethical considerations in crisis intervention
* Perform drills and safety protocols for stabilization
* Discuss injury and liability management

**Continuing Education: 33.0 Nursing Contact Hours** by Iowa Board of Nursing Provider #128